



City	Mileage	Hours
Asheville, NC	255	4.5
Atlanta, GA	470	8
Baltimore, MD	360	6
Bristol, TN	165	3
Charleston, SC	430	7.25
Charlotte, NC	230	4
Charlottesville, VA	195	3.5
Chicago, IL	550	9.5
Cincinnati, OH	260	4.5
Cleveland, OH	310	5.5
Columbia, SC	320	5.5
Columbus, OH	230	4.5
Detroit, MI	465	7.75
Durham, NC	265	4.5
Grand Rapids, MI	600	9.75
Harrisburg, PA	360	6
Indianapolis, IN	370	6.5
Jacksonville, FL	615	10
Knoxville, TN	275	4.5
Lexington, KY	230	4
Louisville, KY	305	5
New York City, NY	535	8.5
Philadelphia, PA	455	7.5
Pittsburgh, PA	215	4
Richmond, VA	260	4.5
Roanoke, VA	145	3
Tallahassee, FL	740	12.5
Toronto, ONT	535	8.75
Virginia Beach, VA	370	6.5
Washington D.C.	315	5.5
Winston-Salem, NC	185	3

Address:* (see warning on back)
 1 Ames Hts. Rd.
 Lansing, WV 25862

GPS Coordinates:*
 (see warning on back)

Latitude:
 38°N 5' 10.87"
Longitude:
 81°S 4' 44.53"

US Rt. 19S: The speed limit is 65 mph for the majority of its length. This route is routinely patrolled, especially near Summersville.

Summersville: The speed limit drops to 50 mph for 5 miles. Summersville takes their speed limit very seriously so unless you want a ticket obey the limit.

888-650-1932
304-574-0704

From US-19:

We are located between mile marker 20.5 and 21 on US-19, just north of the New River Gorge Bridge on Ames Hts. Rd.

Once you are Ames Hts. Rd., follow the road .8 mile (8/10 of mile, not 8 miles!)

Upon Arrival:

If you are checking in for lodging or an overnight stay, please stop at the Adventures on the Gorge office to get your welcome kit.

If you are checking in for an individual activity, please follow the signs to the proper trip meeting area.



Directions from the North to Adventures on the Gorge

- **From I-79 South**, take U.S. Rt.19 South – Beckley/Summersville Exit (# 57)
- Follow Rte 19S for approximately 60 miles and turn right onto Ames Heights Road (if you cross the New River Gorge Bridge heading south, you've passed it)

Directions from the South to Adventures on the Gorge

- **From I-77N**, take the North Beckley Exit (# 48) onto U.S. Rt.19 North
- Follow Rt.19N approximately 20 miles until you cross the New River Gorge Bridge (near Fayetteville)
- Turn left onto Ames Heights Road (the second road on the left past the Bridge)

Directions from the East to Adventures on the Gorge

- From **I-64 West (or I-81 South)**:
- Take I-64W to I-77 North
- Follow I-77N to Beckley, WV
- Take the North Beckley Exit (# 48) onto U.S. Rt.19 North
- Follow Rt.19N approximately 20 miles until you cross the New River Gorge Bridge (near Fayetteville)
- Turn left onto Ames Heights Road (the second road on the left past the Bridge)

Directions from the West to Adventures on the Gorge

- From **I-64 East (joins I-77 South)**:
- Follow I-64E to Beckley, WV
- Take the North Beckley Exit (# 48) onto U.S. Rt.19 North
- Follow Rt.19N approximately 20 miles until you cross the New River Gorge Bridge (near Fayetteville)
- Turn left onto Ames Heights Road (the second road on the left past the Bridge)

**Please note that if you use your GPS, Google Maps, Mapquest or any other direction finding software may not send you on the right roads to get here easily.

** If your directions tell you to take US-60 through Ansted, continue east on Rt. 60 for 4 miles to US-19. Head south on US-19 for 5 miles then take a left onto Ames Hts. Road. Follow the signs to Adventures on the Gorge.

